



JOHN NERAL:

***The Best Bowling
Tip I Ever
Received***



BOWL MAGAZINE

DECEMBER 2024

OFFICIAL PUBLICATION OF THE NATION'S CAPITAL AREA USBC ASSOCIATION



**JON
BLANTON**

***4-time
champion
of the 2024
Senior
Tournament***



VIRGINIA STATE USBC

37th Annual Mixed Handicap Tournament

CERTIFIED BY THE UNITED STATES BOWLING CONGRESS

THE VA STATE MIXED TOURNAMENT WILL HAVE A SCRATCH DIVISION IN EACH EVENT

10 PIN RULE IS IN EFFECT

LANES DRESSED ONCE PER DAY

TEAM EVENT

ROCKY MOUNT BOWLING CENTER

1555 N. MAIN ST.
ROCKY MOUNT, VA 24151
(540) 483-8088

SINGLES & DOUBLES EVENT

AMF HILLTOP LANES

5918 WILLIAMSON RD.
ROANOKE, VA 24012
(540) 366-8879

Entry Fees Per Person Per Event

	Team	Doubles	Singles
Prize Fee	\$21.75	\$19.50	\$19.50
Bowling Fee	\$8.25	\$10.50	\$10.50
Expense Fee	\$5.00	\$5.00	\$5.00
Total	\$35.00	\$35.00	\$35.00

All Events (Optional)

\$10.00*

Scratch Divisions (Optional)

\$10.00*

*Expense Fee \$1.00

Conducted By

VIRGINIA STATE USBC

Hosted By

GREATER ROANOKE AREA USBC

with SHEILA HICKS

MIXED TOURNAMENT MANAGER

MAR 8-9; 15-16; 22-23, 2025

ENTRIES MUST BE POSTMARKED BY MIDNIGHT SATURDAY, FEBRUARY 15, 2025
ALL ENTRIES AFTER FEBRUARY 1, 2025, MUST BE MONEY ORDER OR CERTIFIED CHECK

MAKE ALL CHECKS, MONEY ORDERS, AND CERTIFIED CHECKS PAYABLE TO:

VA STATE MIXED TOURNAMENT FUND

SEND ALL COMPLETED ENTRIES WITH ENTRY FEES TO:

Sheila Hicks, Virginia State Mixed Tournament
335 Fort Lewis Blvd., Salem, VA. 24153
Telephone (804) 399-2253
E-Mail: vamixedstate@gmail.com • WEBSITE: www.vastateusbc.com

ENTRY FORM



BOWL MAGAZINE

December 2024
Vol. 59, No. 2

Serving the nation's third largest bowling market, BOWL Magazine was honored five times by the American Bowling Congress as the nation's "best local association publication."



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Hall of Fame nominations due Dec. 31

The postmark deadline for nomination of candidates for the Nation's Capital Area USBC Association Hall of Fame "Class of 2025" is December 31, 2024. All NCAUSBCA members have the privilege of submitting nominations to the Hall of Fame Committee for consideration. Nominations are open to all bowlers and non-bowlers who by their efforts have furthered the interests of the sport of bowling in the Nation's Capital Area.

Any person (league officer, proprietor, sponsor, association officer, director, press/radio/TV personality, etc.) who has demonstrated long-term or significant contributions is considered suitable for nomination. (Please note that active "Bowling Achievement" candidates must have competed in a minimum of three [3] of the past five [5] NCAUSBCA Championships tournaments—the "Open" for men, "Women's" for women—to be considered by the Hall of Fame Committee.)

Nominations must contain the full name of the nominee and a one-page biography, including the reason(s) for nomination in one of the following categories:

See HoF, page 19

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ON THE COVER: Jon Blanton was the big winner at the recent NCAUSBCA 42nd Annual Senior Tournament at AMF Waldorf, capturing four titles—three individual as well as a Scratch Team victory. While rolling in Singles, he recorded the highest game (299) and top series (790) of the tournament. Senior Tournament coverage begins on page 8. ... Meanwhile, John Neral, who recently has placed third and fifth in PBA50 Regional competition, provides "The Best Bowling Tip I Ever Received" on page 15.

(Photos by Bob Cosgrove)

BOWL Magazine is published bi-monthly, September through July ("Summer") by NCAUSBCA Inc. The magazine, like the association, is dedicated to the advancement of the sport of tenpins and hopes to foster and nurture the spirit of good sportsmanship throughout its pages. The editorial and business offices are located in the NCAUSBCA office. The deadline for advertising material, copy, photographs, or other editorial material submitted for publication, is the 15th of the month preceding the cover date. The editor reserves the right to alter or reject any copy, photograph, or advertising material submitted for publication. Reproduction and/or distribution in any form, in whole or in part, is strictly prohibited without prior written authorization. Copyright © 2024 by NCAUSBCA Inc. All rights reserved.

update...update...update...update...update. ...update...update...update...update...update...upda te...update...update...update...update...up

WEEK ADDED TO 2025 USBC WOMEN'S CHAMPIONSHIPS

With spots quickly filling for the 2025 United States Bowling Congress Women's Championships in Las Vegas, the tournament staff has extended the 105th edition of the event by a week to allow for more teams to compete at the South Point Bowling Plaza. The 2025 event now will run from April 26 to July 6 at the 60-lane tournament venue inside the South Point Hotel, Casino, and Spa and feature competition for 72 consecutive days. The tournament originally was scheduled to conclude June 29. The event's capacity currently sits at more than 80 percent for 2025, and the extra week will open spots for an extra 196 teams. More than 3,700 four-player teams already have registered. Squads at the 2025 Championships will take place at 9 a.m. (doubles/singles), 12:30 p.m. (doubles/singles), 4 p.m. (team) and 7:30 p.m. (team on Saturday/Monday/Thursday and doubles/singles on Sunday/Tuesday/Friday). The new week will feature available spots at 4 p.m. for teams and 12:30 p.m. for doubles and singles. The tournament staff also recently opened additional team and doubles/singles sets for 7:30 p.m. squads in May and June. The cost to enter the 2025 tournament will be \$55 per event, plus an optional \$15 for all-events (\$180 per bowler). There also will be a \$20 processing fee per team. The Women's Championships features four average-based divisions in each event and will introduce Team All-Events for the first time in 2025.

BRIEFLY....

The USBC Hall of Fame will welcome five new members when the 2025 class is inducted May 7 during the USBC Convention in Las Vegas. The USBC Hall of Fame Committee recently elected Shannon O'Keefe of Jacksonville, Ala.; Bryan Goebel of Shawnee, Kan.; and Randy Pedersen of Orlando, Fla., in the Superior Performance category, and Tom Clark of Muskego, Wisconsin, and Keith Hamilton of Park Ridge, Ill., in the Meritorious Service category. ... Bowlers are encouraged to check into ncausbca.org frequently to learn details about the 2025 NCAUSBCA Women's Championships Tournament as well as a new association-sponsored event for past and present members of the military scheduled for March 8-9 at The Lanes Fort Meade. In addition, there will be news about the NCAUSBCA 19th Annual Membership Meeting scheduled for Sunday, April 13.



Officers: Are all league fees up to date?

Attention Bowlers!

We're almost halfway through another fantastic season. Hopefully, your game is feeling strong and you're seeing improvement on the lanes. As we approach the holiday season, let's take a moment to appreciate the great times we've shared and look forward to more fun in the future.

We've conducted several tournaments this year, and the association board thanks you for your participation!

Speaking of tournaments, we have another great one coming up in our 14th Annual Mixed Tournament in Support of BVL (Bowlers to Veterans Link). This event supports veterans and active-duty military members, and it's always a blast. Join us at Bowl America Shirley for three fun-filled weekends of bowling and camaraderie. Even if you can't participate, you can still support this worthy cause with a donation.

League Officer Reminders: It's time to start thinking about audits and ensuring all league fees are up to date. The more informed your bowlers

are, the smoother the end of the season will be.

Secretaries: Thank you for sending in your information. It's fantastic to see new membership application cards and the growing love for bowling. Don't forget to send in those honor scores so we can celebrate our bowlers' hard work!

A Friendly Reminder: Rule 18 (covering Roll-offs / Playoffs / Special Contests) is still in effect.

While bowling in USBC competition, a bowling ball cannot:

- a. Have the surface altered by the use of an abrasive.
- b. Be cleaned with any liquid substance or cleaning agent.
- c. Have any foreign material on it including, but not limited to, powder, rosin, marker, or paint.

All bowling balls so altered or cleaned must be removed from the competition. So once practice is over, put those wet towels and cleaners away!

In closing, thank you all for your dedication to the sport. Let's finish this year strong!

Contact President Wolde

**All issues of BOWL Magazine
published since September 2010
are available online
for viewing /download:**

**[www.ncausbca.org/bowlmag/
bm_issues.htm](http://www.ncausbca.org/bowlmag/bm_issues.htm)**

Editor's Choice

**How to Aim in Bowling:
3 Point Targeting Quiet Eye**

**Pro Bowling Targeting Tip:
Get Lined Up Properly for
Higher Scores**

**How to Get a GOLDEN
Bowling Arm Swing (Pro Tip
from PBA Champion Mike
Machuga)**

**How SPEED can DESTROY
your SPARE GAME! Pro
Bowling Tip to Raise your
Average.**

RadicalBowling

**"Perception vs. Reality"
Series**

**Analyzing Your Pin Action
and Carry**

**Adjusting Off of Pesky
Corner Pins**

**Building an Arsenal (when
you DO NOT know the
pattern)**

Brad and Kyle

**Top 5 Bowling Balls to
Dominate ANY League!**

**This Tip Instantly Improved
My Bowling Release**

**Master Your League with
These Pro Bowling Tips!**

**Why Pro Bowlers Throw
More Strikes Than YOU!**

**Want More Hook on Your
Bowling Ball? Do This!**

**We Switched Styles
to 2-Handed Bowling!**



Does your league have a plan for bad weather?

December is one of the two months (May is the other) during which we have our Virginia lottery fund-raiser. There are three chances to win every day, and 93 chances throughout the month. If you still have not as yet availed yourself of this wonderful opportunity to support your association's programs, everything you need to know about how to purchase tickets can be found on our Web page.

The deadline for Hall of Fame nominations for the "Class of 2025" is December 31, 2024. Can you think of anyone you would like to nominate? If so, you may submit the nomination by eMail: manager@ncausbca.org, Fax: 301/499-5927, or drop it off in person to our office. Criteria/guidelines can be found [here](#).

Rule 117d: Weather hasn't really been a factor so far this season. However, it is a good idea to have a plan to deal with makeups for missed bowling. Know who is supposed to be notified in case of cancellations, etc.

Rule 108/5: All drilled holes must be used in every delivery. Violations will lead to forfeiture.

Rule 319d: Reporting Prior Prize Winnings. This is the bowler's responsibility—not the squad sponsor. The same applies to the entering average.

1. Within the last 12-month period, anyone who has qualified* for a cash and/or mer-

chandise prize in the position standings prize list in a tournament, including all-events, special features, special prizes and donated prizes, must give tournament management the following information prior to participation for possible average adjustment:

- a. The name of each tournament in which they have been paid the following prizes, or if not yet paid, in which they have qualified for the prize: (1) \$300 or more in any event; (2) Total combined prize winnings of \$500 or more in any one tournament; (3) Total combined prize winnings of \$1,000 or more in all tournaments within the last 12 months.
- b. The amount of the prize.
- c. The actual score bowled to qualify for the prize.
- d. The prize position.

2. Failure to comply with these provisions is cause for a forfeiture of entry fees and prize winnings.

NOTE: *Qualified is defined as the date and time the tournament officially ended (completion of the last squad or round of competition), or payment of prizes, whichever comes first. All bowlers, regardless of average, must comply with the provision of Rule 319d. Prize winnings from certified and non-certified tournaments, including those using a modified format of American Tenpins (exam-

See MEMO, page 19

THE QUESTION:

What's been your highest game thus far this season?

279 in the Friday Night Mixed Duo league at Crofton.



Theresa Diggs-Burrell
Glenn Dale, Md.

166 in the Saturday Strikers Mixed league at Potomac Lanes



Tyrone Hardy
Alexandria, Va.

229 in the NRL Pioneers league at Potomac Lanes



Katie Holloway
Upper Marlboro, Md.

203 in the Rinaldi Mixed 4's at Riverdale Bowl



Dena Kearney
Lanham, Md.

300 in the Tri-Nitely league at Crofton



Derek Payne
Upper Marlboro, Md.

MARK YOUR CALENDARS NOW!

**NATION'S CAPITAL AREA
USBC ASSOCIATION
79th ANNUAL OPEN
CHAMPIONSHIPS TOURNAMENT**

Certified by the United States Bowling Congress

TEAM EVENT

THE LANES FORT MEADE

2788 MacArthur Road
Fort Meade MD 20755
301/677-5541

SINGLES & DOUBLES EVENTS

CROFTON BOWLING CENTRE

2115 Priest Bridge Drive
Crofton MD 21114
301/261-6670

MAY 10-11, 17-18, 24-25, 2025

ENTRY DEADLINE: APRIL 18, 2025

OPTIONAL PRIZE CATEGORIES:

**50+ SINGLES • 50+ ALL EVENTS
SCRATCH EVENTS • CROSSOVER DOUBLES**

**RONALD MCGREGOR, TOURNAMENT MANAGER
NATION'S CAPITAL AREA USBC ASSOCIATION
9315 LARGO DRIVE WEST, SUITE 110 • LARGO MD 20774-4762**

PHONE: 301/499-1693 x102 • FAX: 301/499-5927

eMAIL: manager@ncausbca.org



**QUALIFY FOR "OFFICIAL AVERAGE LEADERS"
BOWLING AT LEAST THREE GAMES IN THIS EVENT WILL SATISFY THE
REQUIRED TOURNAMENT GAMES NECESSARY FOR CONSIDERATION FOR THE
MEN'S NCAUSBCA 2024-2025 OFFICIAL AVERAGE LEADERS LISTINGS.**

NCAUSBCA 42nd Annual Senior Tournament

Division champions

TEAM

"Bowlieve It or Not 1," Bethesda, Md. (Julia F. Gothe [493], Wesley M. Chin [671], Kyle L. Than [567], Joseph M. Strawbridge [667]), 2,902, \$720.00

SCRATCH TEAM

"Scratchers & Cappers," Stafford, Va. (Andrea Sharp [618], Jon D. Blanton [706], Roger Rowley [645], Paul Rumbaugh III [660]), 2,629, \$188.00

DOUBLES

Moses H. Boone, Suitland, Md. & Marc D. Smith, Oxon Hill, Md. (1,540), \$450.00

SCRATCH DOUBLES

Frank A. Thompson, Fredericksburg, Va. & Christopher J. Elliott, Annandale, Va. (1,363), \$200.00

SINGLES

Jon D. Blanton, Stafford, Va. (835), \$360.00

SCRATCH SINGLES

Jon D. Blanton, Stafford, Va. (790), \$200.00

60+ SINGLES

Charles I. Spencer Jr., Arlington, Va. (804), \$250.00

ALL-EVENTS

Joseph L. White, Bladensburg, Md. (2,290), \$300.00

SCRATCH ALL-EVENTS

Jon D. Blanton, Stafford, Va. (2,080), \$175.00

60+ ALL-EVENTS

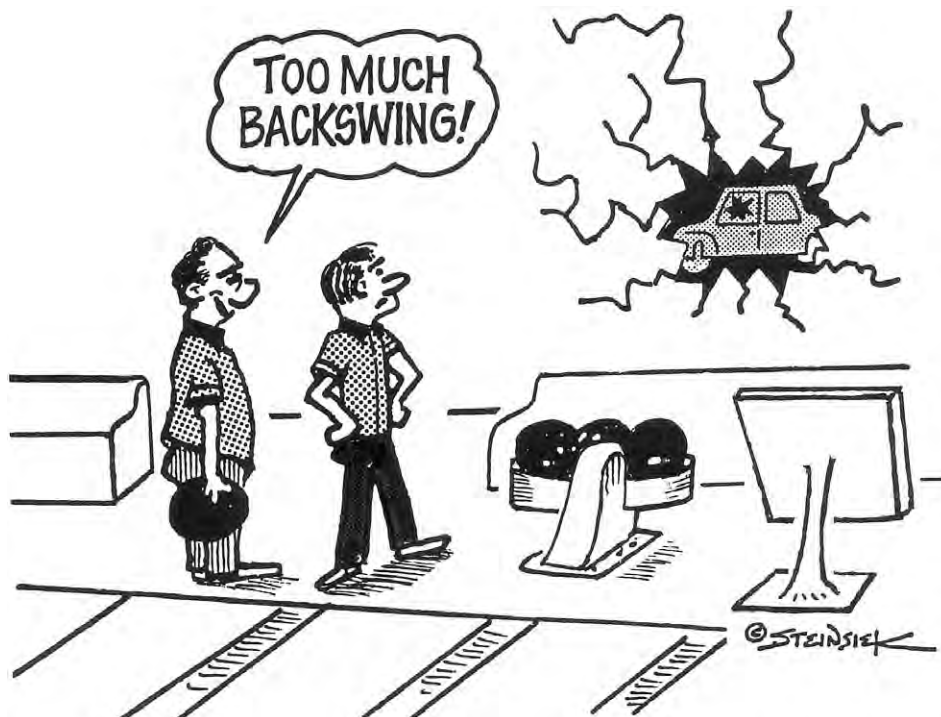
Kim E. Terrell, Upper Marlboro, Md. (2,240), \$225.00

CROSSOVER DOUBLES

Ponce Coleman, Oxon Hill, Md. & Barbara James, Laurel, Md. (1,544), \$260.00

SENIOR TOURNAMENT & CROSSOVER DOUBLES PRIZE LISTS

STEINSIEK



Senior Tournament high scores

SERIES — Men

- 790 Blanton, Jon D - Singles
- 770 White, Joseph L - Team
- 743 Allen, Henry H Jr - Doubles
- 736 Allen, Henry H Jr - Singles
- 731 Itchon, Romeo A Jr. - Team
- 726 Marshall, William J - Singles
- 706 Blanton, Jon D - Team
- 700 Rumbaugh, Paul L II - Doubles
- 698 Rumbaugh, Paul L II - Singles
- 694 Whitfield, Forrest W Jr - Doubles
- 693 Spencer, Charles I Jr - Singles
- 692 Carrasco, Pedro G - Doubles
Clark, Samuel A Jr - Singles
- 691 Elliott, Christopher J - Doubles
- 683 Bridgett, Tim M - Doubles
- 682 Wilkerson, Donzell C - Team
- 680 Hall, Kevin L - Singles
- 677 Bates, Gary R Sr - Singles
Wilkerson, Donzell C - Doubles
- 675 Boone, Moses H - Doubles
Lucas, Timmie K - Team
- 672 Thompson, Frank A - Doubles
- 671 Chin, Wesley M - Team
- 670 Turner, Gregory L - Doubles
- 669 Jenkins, Michael L - Team
- 667 Strawbridge, Joseph M - Team
Youngblood, James R - Singles
- 666 Payne, Derek M - Doubles
- 664 Drakes, Luis A - Team
Tarbox, Gary M, Jr - Singles
- 663 Booker, Steven L - Team
Bridgett, Tim M - Team
- 661 Hall, Kevin L - Singles
Lawson, Edward S Jr - Singles
- 660 Colding, Nathaniel J - Doubles
Payne, Derek M - Singles
Rumbaugh, Paul L II - Team
Spencer, Charles I Jr - Doubles
- 659 Williamson, Damon D - Doubles
- 658 Talley, Lewis B III - Team
- 656 Branham, Antonio L - Team

- 655 Clark, Raymond E III - Doubles
- 654 Colding, Nathaniel J - Team
- 652 Grant, Larry V - Team

SERIES — Women

- 706 Jefferson, Quintina R - Singles
- 642 Sharp, Andrea - Doubles
- 626 James, Barbara A - Doubles
- 625 Diggs-Burrell, Theresa L - Team
- 624 Turner, Lavinia A - Doubles
- 620 Sweet, Melanie S - Team
- 618 Sharp, Andrea - Team
- 617 Sharp, Andrea - Singles
- 612 Diggs-Burrell, Theresa L - Singles
- 604 Hall, Angela D - Team
- 603 O'Donnal, Theresa M - Singles
- 600 Greene, Evelyn C - Doubles
Mazor, Barbara E - Singles

GAME — Men

- 299 Blanton, Jon D - Singles
- 298 White, Joseph L - Team
- 290 Allen, Henry H Jr - Singles
- 277 Thompson, Frank A - Doubles
- 269 Boone, Moses H - Doubles
- 268 Blanton, Jon D - Singles
Marshall, William J - Singles
- 266 Elliott, Christopher J - Doubles
- 265 Blanton, Jon D - Team
- 264 Bethel, Dale W - Singles

- Carrasco, Pedro G - Doubles
DeVore, Warner A - Singles
- 262 Itchon, Romeo A Jr. - Team
- 259 Payne, Derek M - Doubles
- 258 Allen, Henry H Jr - Doubles
Brown, Gregory A - Doubles
Hall, Kevin L - Doubles
- 257 Bates, Gary R Sr - Singles
Lindsey, Lawrence L Sr - Team
Youngblood, James R - Singles
- 256 Poe, David C Jr - Doubles
Whitfield, Forrest W Jr - Doubles
Williamson, Damon D - Doubles
- 255 Whitley, Marcus D - Doubles
- 254 Leake, Tommy L - Singles
- 253 Colding, Nathaniel J - Team
Spencer, Charles I Jr - Singles

GAME — Women

- 268 Jefferson, Quintina R - Singles
- 264 Greene, Evelyn C - Doubles
- 255 Hall, Angela D - Team
- 245 Sharp, Andrea - Doubles
- 243 Richardson, Bernadette L - Doubles
Temple, Janet J - Doubles
- 241 James, Barbara A - Doubles
- 230 Thorpe, Felicia T - Team
- 228 Diggs-Burrell, Theresa L - Singles
- 226 Coleman, Makeba A - Singles
- 225 Turner, Lavinia A - Doubles

Go Figure

287

800 series scored by career leader Andrew Neuer, Lewisburg, Pa.

2018

First year NCAUSBCA Youth Invitational Scratch Singles Tournament was conducted in four rounds instead of five.

879

Highest series by a female youth bowler (Hannah Manetta, Port Jefferson Station, N.Y., July 5, 2017).



Kevin Roy



Carolyn Brown



Cynthia Buck-Thompson



Melanie Sweet



Razel Nilsen



Star Thorpe / Deborah Maxwell



Ann Swann

SENIOR TOURNAMENT PHOTO GALLERY

Even if the pins didn't fall right, Senior Tournament bowlers once again had numerous chances to collect extra dollars via several contests such as "50-50," the "Mystery Game," and high game jackpots. On this page are just a few of the happy winners.



Romeo Itchon / Jacqueline Habron

SENIOR TOURNAMENT PARTICIPANTS



ANGIE HALL
UPPER MARLBORO, MD



PRESTON HOLLIS
WASHINGTON, D.C.



PENNY MURPHY
ALEXANDRIA, VA



MILLIE SHADE-NELLIS
CLINTON, MD



ANDREA SHARP
STAFFORD, VA

<i>Best advice I ever took</i>	<i>My worst habit</i>	<i>No. 1 pet peeve — What bugs you?</i>	<i>Number of bowling balls I bring to a tournament</i>	<i>Top interest outside of bowling</i>	<i>The best thing about bowling</i>
listen to my husband without getting upset	profanity	people who can't make a decision	4	pro football	being able to improve every game
be grateful for being alive	smoking	someone complaining	6	sports and music	perfect games!
don't sweat the small stuff	driving too fast!	if something is not evenly spaced	6	watch my grand-daughters play softball	socializing — getting to meet other people
I stayed in shorthand class and thus started as a G3, not G2	I procrastinate	someone who stands over me talking	1	travel	the travel
don't dwell on your last shot, think of the next one	I press when I bowl bad	people who constantly complain	13	my children, ski racing, and my dog, Milo	friendships and the competition

Our Back Pages

5 Years Ago

- The NCAUSBCA Hall of Fame welcomes Yvonne Tison Bennett, Milton “Pete” Gunn, John “Claw” Holtzclaw, Quintina “Lil Smooth” Jefferson, and James Snow.

10 Years Ago

- NCAUSBCA Hall of Fame inductees: Eddie Blocker, David Kneas, Ernest Spriggs, and George Yarborough.
- Guest columnist Pie Snelson asks, [Is your league's handicap system fair?](#)

15 Years Ago

- Everett Hamilton records [the area's first PBA Experience 800 series](#) at Crofton Bowling Centre.
- [Marcus Nelson](#) provides “The Best Bowling Tip I Ever Received.”

20 Years Ago

- In a *BOWL Magazine* Interview, Pat Rinaldi of Rinaldi's Riverdale Bowl discusses [life as a proprietor](#).
- Donald Bock Jr. leads the association Gold Pin listings with his 872 series at Bowl America Bull Run.

25 Years Ago

- Greg Bruff scores a 711 series to win the Vir-Mar District 600 Club Fall Singles Tournament at Bowl America Fairfax.
- Hall of Famer Jim Lewis, manager of the Sports Plus/Carmen Don Pro Shop in Alexandria, provides [two lists of bowling accessories](#)—one for all bowlers and another for those bowling at advanced levels.

30 Years Ago

- Rickie Agee, bowling out of AMF Capital Plaza, scores a 675 series to capture the Vir-Mar District 600 Club Fall Singles Tournament at AMF Alexandria.

35 Years Ago

- Crofton Bowling Centre holds a [groundbreaking ceremony](#) as it prepares to add 16 lanes to its 32-lane center in a \$1.7 million expansion.
- Baltimore's Danny Wiseman easily wins the Columbus Day Singles Tournament at Fair Lanes University. However, Suitland's Gary “Guru” Parsons dazzles the crowd after qualifying 28th out of 28 places as he proceeds to score his first sanctioned perfect game en route to ultimately finishing second.

45 Years Ago

- Paul Welch receives numerous awards for his 294 game—yes, 294!—at Fair Lanes Waldorf.

50 Years Ago

- At the close of the 1974 Hoinke Classic in Cincinnati, Riverdale, Maryland's Ferman “Mark” Mixon tops the five-game singles field and is in line to capture the \$42,000 first prize plus an additional \$4,000 for placing second in scratch singles.

55 Years Ago

- Jim Robinette leads the association awards listing with his 299 game.



VIRGINIA STATE USBC 67th Annual Women's Tournament

CERTIFIED BY THE UNITED STATES BOWLING CONGRESS

THE VA STATE WOMEN'S TOURNAMENT WILL HAVE A SCRATCH DIVISION IN EACH EVENT

THE 10 PIN RULE IS IN EFFECT

TEAM EVENT

VALLEY LANES

3106 S. MAIN ST.
HARRISONBURG, VA 22801
(540) 434-8721

SINGLES & DOUBLES EVENT

STAUNTON LANES

831 GREENVILLE AVE.
STAUNTON, VA 24401
(540) 885-1655

Entry Fees Per Person Per Event

	Team	Doubles	Singles
Prize Fee	\$17.00	\$17.00	\$17.00
Bowling Fee	\$13.00	\$13.00	\$13.00
Expense Fee	\$5.00	\$5.00	\$5.00
Total	\$35.00	\$35.00	\$35.00

All Events (Optional)

\$10.00*

Optional Scratch Events (Optional)

\$10.00*

*Expense Fee \$1.00

Conducted By

VIRGINIA STATE USBC

Hosted By

CENTRAL SHENANDOAH VALLEY USBC

with ANNE RAY

WOMEN'S TOURNAMENT MANAGER

April 5-6, 12-13, 26-27, 2025

May 10-11, 2025

ENTRIES MUST BE POSTMARKED BY MIDNIGHT SUNDAY, MARCH 9, 2025
ALL ENTRIES AFTER FEBRUARY 23, 2025, MUST BE MONEY ORDER OR CERTIFIED CHECK

LANES DRESSED ONCE PER DAY

MAKE ALL CHECKS, MONEY ORDERS, AND CERTIFIED CHECKS PAYABLE TO:

VA STATE USBC WOMEN'S TOURNAMENT

SEND ALL COMPLETED ENTRIES WITH ENTRY FEES TO:

Anne Ray, Virginia State USBC Women's Tournament
6-1 Tamarisk Quay, Hampton, VA. 23666
Telephone (757) 846-1111
E-Mail: anneray@cox.net

ENTRY FORM

Sassy But Classy Ladies 1st Annual Breast Cancer Tourney raises \$5,000



“Slow Roll” Butler



Alenda Houston



Joyce Lumpkin



Millie Shade-Nellis



Shelby Hollins



“Tweeti” Barnett-Johnson

The inaugural Sassy But Classy Ladies Breast Cancer Tournament had a successful beginning on October 19 at Crofton Bowling Centre, as the sold out event raised \$5,000 for Bowl for the Cure®. In addition to fund-raising, the tournament featured doubles competition, and six teams cashed: 1, Larry Langley & Anastazia Taylor (1,425), \$400; 2, Ann Swann & Josef Harris (1,423), \$200; 3 (tie), Henry Allen Jr. & Patricia James-Anderson and Joyce Lumpkin & Brian Stratton (1,414), \$150; 5, Eugenia Durham-Sims & Clifford Jones Sr. (1,403), \$100; and 6, Samantha Osiadacz & Jordan Velez (1,401), \$56. During the competition, several bowlers won prizes, some of whom appear on this page.

The Best Bowling Tip I Ever Received

By John Neral



In the summer of 2023, I had trouble repeating shots and generating more ball speed. This caused a lack of consistent shot-making, decreased scoring, and a failure to accurately read my ball motion.

I had a lesson with former Team USA Head Coach Jeri Edwards and former TEAM USA Assistant Coach Ken Yokobosky in Rockaway, New Jersey, who quickly diagnosed two things that made a huge difference in my game.

First, they noticed that I wasn't energizing my trail leg enough in my finish position. In other words, my trail leg was "lazy" and wasn't clearing my hip quickly enough to get it out of the way of my swing.

Second, they noticed I wasn't staying in the ball long enough at the release point. This caused me to turn the ball early, which caused an inconsistent ball motion and also caused the ball to lose more energy down lane.

When I began practicing energizing my trail leg and staying in the ball longer at release, I noticed an immediate difference in my ball reaction. This was especially true when throwing urethane, as those pieces of equipment tend to get "tired" as you bowl more games on them.

I've been able to read my ball motion more consistently, which has helped me make better adjustments because I am repeating more quality shots. Additionally, it's improved my balance position at the foul line and has definitely improved my score. Since that lesson, I have had a handful of top-10 finishes in PBA Regional events, with a best finish of third last month at the PBA50 Team Walton Ft. Meade Open.

Now, whenever I feel I am not throwing the ball well enough, I always go back to these two tips and remember to get my trail leg out of the way quicker and stay in the ball longer before releasing it.

John Neral competes in the First Niters and Falls Church Commercial leagues at Bowl America Falls Church.



Champions of the first two of three PBA Regional tournaments that The Lanes at Fort Meade will host this year collect their rewards. In the left photo, Rick Graham, Elizabethtown, Pa., winner of the PBA50 Team Walton Fort Meade Open, appears between center General Manager Mike Sinek (left) and tournament sponsor Tony Walton of Team Walton. Graham defeated Andrew Rettig, Hamburg, N.Y., 217-204 in the title match and earned \$1,600. ... At right, Tim Foy Jr., Seaford, Del., closed with five strikes to top Joe Paluszek, Bensalem, Pa., 259-257 to capture \$2,500 prize in the PBA Fort Meade Open. ... NCAUSBCA members cashed in each event. See the "Tournament Roundup" on page 18.

ASSOCIATION HONOR SCORES

800 Series

- 823 Hall, Bobby V II - FC
- 817 Colding, Nathaniel J - SL
- 815 Hunter, John W - CR
Papee, Supachai - SL
- 814 Clarke, Phillip C III - BR
- 811 Ishmael, Bobby Jr - SL
- 809 Kidwell, David A - BU
- 808 McLean, Kenneth T - CA
- 805 Therres, John E - LC
Truong, Thanh - FC
- 802 Manriquez, Alec D - SL
- 801 Hatton, Jesse T III - CR
- 800 Carter, Samuel Jr - GB

300 Game

- Armstrong, Gilbert C Jr - CR
- Blaney, William H III - LC (2)
- Blanton, Brandon P - MQ
- Brown, Richard T Jr - BA
- Carter, Anthony N - SL
- Cassel, Ryan M - BR
- Coates, Anthony T - BA
- Colding, Nathaniel J - SL
- Corder, Adam J - SL
- Diggs, Jerome D - BR

- Diggs, Verra B - BA
- Dunseath, Jimmy L III - BR
- Eiland, Michael - SL
- Garvey, Christopher J - BU
- Gibbs, Jeff A - LC
- Gillis, Irving S Jr - CR
- Goodson, Andre A - CA
- Hara, Edward A - BU
- Hatton, Jesse T III - CR
- Head, Alan T - PX
- Holmes, Lee Ann - LC (2)
- Hunter, John W - CR
- Ignacio, Leonard J - GB
- Jackson, Gerard A Jr - ME
- Jenks, Joshua D - SL
- Johnson, Keith D - CR
- Johnson, Tyrone G - FC
- Jones, John - SL
- Kenner, Howard M - CR
- Kidwell, David A - BU
- Lion, Dale E - BU
- Lizzio, James A Jr - CR
- Lowe, Christopher W - ME
- Marcus, John C Jr - LB
- Metch, Stephen V - DR
- Payne, Derek M - CR
- Payton, Troy D - GB
- Revell, James A Jr - WA
- Revels, Drake - BR
- Robey, Ronny L - BR

- Robinson, Christopher B - WB
- Scott, James P - BR
- Sekely, Scott M - BR
- Shunkwiler, Andrew - GB
- Smith, Teri R - WB (2)
- Steinberg, Sven - CR
- Therres, John E - LC
- To, Chhoeun - FC
- Venuto, Joseph V - GB
- Weinburgh, William D - WB
- Williams, Anthony - MH
- Williams, Michael D Jr - WB / SL
- Williamson, Damon D - CA
- Zoltek, Joshua J - GB

YOUTH

- 300 Hightower, Janiyah A - CA

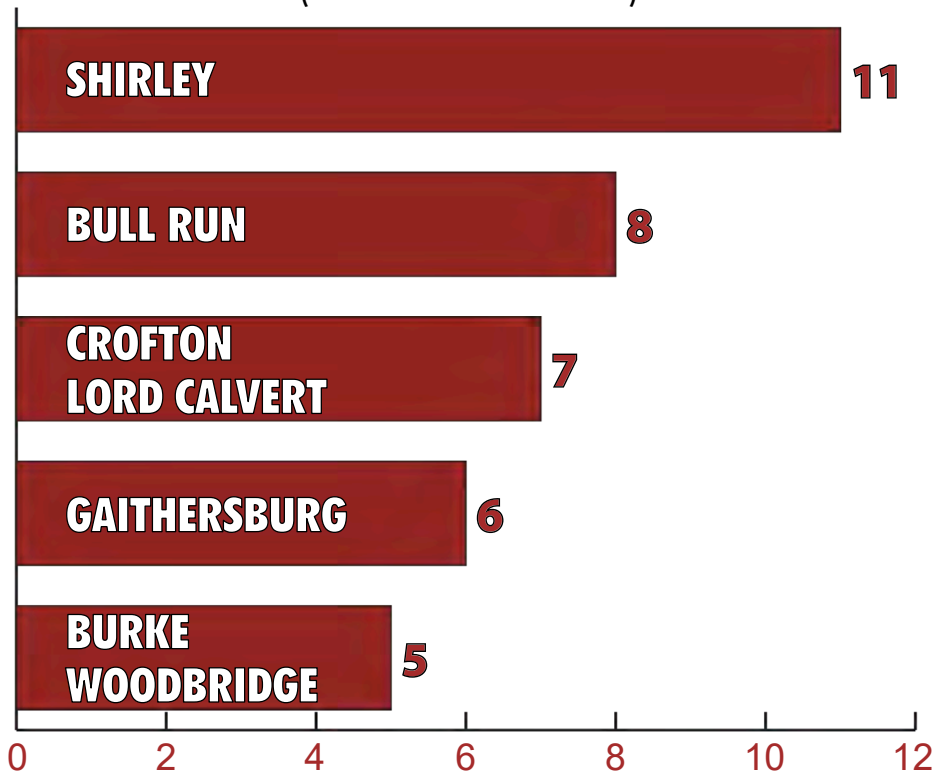


At Bowl America Gaithersburg, Melissa Wasser accepts a USBC “800 Series” ring for her 804 from Director Rick Brooks. ... Below, Ernest Gough (right) displays his USBC “300 Game” ring at AMF Waldorf with Director Michael Whitted.



HONOR SCORE CENTERS

(based on listed scores)





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ROANOKE, VA 24012
(540) 366-8879

Entry Fees Per Person Per Event			
	Team	Doubles	Singles
Prize Fee	\$19.50	\$19.50	\$19.50
Bowling Fee	\$10.50	\$10.50	\$10.50
Expense Fee	\$5.00	\$5.00	\$5.00
Total	\$35.00	\$35.00	\$35.00
All Events (Optional)			
	\$10.00*		
Scratch Divisions (Optional)			
	\$10.00*		

*Expense Fee \$1.00

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JUNE 1; 7-8: 14-15, 2025

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ALL ENTRIES AFTER APRIL 1, 2025, MUST BE MONEY ORDER OR CERTIFIED CHECK

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ENTRY FORM



THE LIST

The final round of the 2025 NCAUSBCA Youth Invitational Scratch Singles Tournament will take place at The Lanes Fort Meade, its first finals visit in 11 years. Below are the centers that hosted the final round since 2000:

- 2000 — Bowl America Bull Run
- 2001 — Potomac Lanes
- 2002 — Bowl America Burke
- 2003 — St. Charles Bowl
- 2004 — Lord Calvert Bowl
- 2005 — Bowl America Woodbridge
- 2006 — Bowl America Chantilly
- 2007 — Bowl America Bull Run
- 2008 — AMF Dale City
- 2009 — Bowl America Manassas
- 2010 — Bowl America Shirley
- 2011 — Bowl America Fairfax
- 2012 — Potomac Lanes
- 2013 — Bowl America Chantilly
- 2014 — The Lanes Fort Meade
- 2015 — Bowl America Falls Church
- 2016 — Bowl America Shirley
- 2017 — Bowl America Chantilly
- 2018 — AMF Annandale
- 2019 — AMF Capital Plaza
- 2020 — Bowl America Chantilly
- 2021 — No tournament
- 2022 — Bowl America Fairfax
- 2023 — Bowl America Shirley
- 2024 — Bowlero Sterling

Round-by-Round results from these years can be found [here](#).

Tournament Roundup

PBA Fort Meade Open at The Lanes Fort Meade (*Tim Foy Jr., Seaford, Del., \$2,500*) — 11, Carvel Waters, Fort Washington, Md., \$600.

PBA60 Wilson & Sons Pest Control Open (*Ken Shealy, Myrtle Beach, S.C., \$2,500*) — 3, Brian Link, Bowie, Md., \$1,100; 18, Lee Brosius, Ashburn, Va., \$475.

PBA50 Team Walton Fort Meade Open at The Lanes Fort Meade (*Rick Graham, Elizabethtown, Pa., \$1,600*) — 3, John Neral, Vienna, Va., \$850; 7, Greg Turner, Temple Hills, Md., \$650; 10, Tony Walton, Severn, Md., \$620; 12, Brian Link, \$600; 14, Bobby Hall II, Landover, Md., \$530.

PBA50 South Point Classic, Las Vegas (*Tom Hess, Granger, Iowa, \$2,200*) — 29, Chris Johnson, Stafford, Va., \$425.

PBA60 Wolfe's Den Super Senior Open, Oxford, Pa. (*Timothy Elsass, Ellington, Conn., \$1,500*) — 6, Lee Brosius, \$625; 7, Jay Davis Jr., Silver Spring, Md., \$625; 22, David Kneas, Annapolis, Md., \$300 (Super Senior Award).

PBA Howell Lanes Open, Howell, N.J. (*Anthony Neuer, Lewisburg, Pa., \$2,500*) — 11, Bobby Hall II, \$725; 19, William Little, Fulton, Md., \$530.

PBA50 Cornerstone Building Brands Open, Rocky Mount, Va. (*Jon Rakoski, Estero, Fla., \$3,000*) — 5, Tony Walton, \$850; 23, Lee Brosius, \$475.

PBA50 Rocky Mount (Va.) PLYGEM Windows Open (*Walter Ray Williams Jr., Oxford, Fla., \$2,500*) — 14, David Kneas, \$670; 17, Jay Davis Jr., \$475; 18, Brian Link, \$475; 21, Lee Brosius, \$250.

PBA50 Ripic's Carousel Lanes BowlTV RPI Open, Binghamton, N.Y. (*Ryan Shafer, Horseheads, N.Y., \$1,800*) — 4, Bobby Hall II, \$900; 5, John Neral, \$800.

PBA Lafayette Lanes Fayetteville (N.C.) Open (*Zachary Tackett, Virginia Beach, Va., \$3,000*) — 4, William Little, \$1,000; 22, Malcolm Ames, Manassas, Va., \$475.

PBA50 Classic Lanes Open, Kenmore, N.Y. (*Rick Graham, \$1,700*) — 14, Jay Davis Jr., \$520.

PBA Greater Nashville Open (*Ryan Lane, Powder Springs, Ga., \$2,500*) — 32, Malcolm Ames, \$475.

PBA Bowlers Discount Pro Shop Open, Ellicott City, Md. (*Tim Foy Jr., Seaford, Del., \$2,500*) — 4, William Little, \$925; 8, Carvel Waters, \$700.

PBA Glo-Bowl Fun Center Midwest Open, Marengo, Ill. (*Keaton Ostrowski, Rochester, N.Y., \$2,000*) — 3, Andru Blaney, Hughesville, Md., \$1,100.

Calendar of Events

DECEMBER

- 1 – Nelson Perry's Handicap Scholarship Tournament at Bowl America Woodbridge.
- 7-8, 14-15, 21-22 – [NCAUSBCA 14th Annual Mixed Tournament in Support of BVL](#) at Bowl America Shirley.
- 14 – All NCAUSBCA Youth and Youth/Adult leagues must submit updated standing sheets with all games bowled through December 9 to Tom Dale to be used for Invitational and City Tournaments.
- 25 – NCAUSBCA Office closed (Christmas).
- 31 – NCAUSBCA Office closed (New Year's Eve).

JANUARY

- 1 – Adult/Youth Tournament at Bowl America Bull Run.
- 5 – Local Junior Gold Tournament at Bowl America Shirley.
- 12 – Clyde Robert Perkins II Virginia State High School Tournament at Bowl America Southwest in Richmond.
- 13 – Final averages and financial reports (including SMART) must be submitted to NCAUSBCA.
- 14 – Postmark deadline for Invitational bowlers to submit entries with payment to Tom Dale.
- 18-19, 25, February 1 – NCAUSBCA 55th Annual Youth Invitational Scratch Singles Tournament:
 - (Round 1) Bowl America Falls Church (and Junior Gold Qualifier, \$45);
 - (Round 2) Crofton Bowling Centre (and Junior Gold Qualifier, \$45);
 - (Round 3) Bowl America Shirley;
 - (Finals) The Lanes Fort Meade.
- 19 through February 1 – 2nd Pepsi Qualifying window.
- 26 – NCAUSBCA Invitational Fund-raiser Qualifier and Finals at Bowl America Fairfax.

FEBRUARY

- 2 – NCAUSBCA Board of Directors Meeting at the association office.
- 9 – Virginia State Junior Gold Tournament at Bowl America Bull Run.
- 16 – Local Junior Gold Tournament at AMF Waldorf.
- 16 – NCAUSBCA Youth 600 Club Winter Singles Tournament at AMF Waldorf.
- February 22-23, March 1-2 – NCAUSBCA Youth City Tournament at Bowl America Falls Church.

MARCH

- 8-9 – NCAUSBCA Military Services Handicap Tournament at The Lanes Fort Meade.
- 8-9, 15-16, 22-23 – [Virginia State USBC 37th Annual Mixed Handicap Tournament](#) in Rocky Mount and Roanoke.
- 9 – Local Junior Gold Tournament (site TBD).
- 16 – NCAUSBCA Vern Burke Tournament at Bowl America Woodbridge.
- 22-23 – [Virginia State High School Tournament](#) at Bowl America Bull Run.
- 30 – NCAUSBCA Youth 600 Club Tournament of Champions at Bowl America Woodbridge.

HoF, from page 3

Meritorious Service

- Promotion that created growth of the game.
- Obtained recognition of the game.
- Promoted public acceptance.
- Service to bowlers.

Bowling Achievement

- Bowling Achievement.
- Image.

Veterans

- Eligibility for this category shall be those in any of the above categories who have had their nominations considered for selection at least three (3) times by the full board.

All nominees must be, or have been, actively associated with the association for at least five (5) years to be eligible for consideration.

All nominations must be either hand-delivered or mailed to: NCAUSBCA, c/o Hall of Fame Committee, 9315 Largo Drive West, Suite 110, Largo MD 20774-4762 or sent via fax (301/499-5927) or via eMail to manager@ncausbca.org.

MEMO, from page 6

ple: 9-pin tap), must be used in the application of this rule.

A fond farewell to Mr. Robert Cosgrove. "Bob" is retiring after more than 60 years of participation in and service to our bowling community and to the local association. Thanks for all you have done over the years to keep us entertained and informed.

[Contact Ronald McGregor](#)



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